

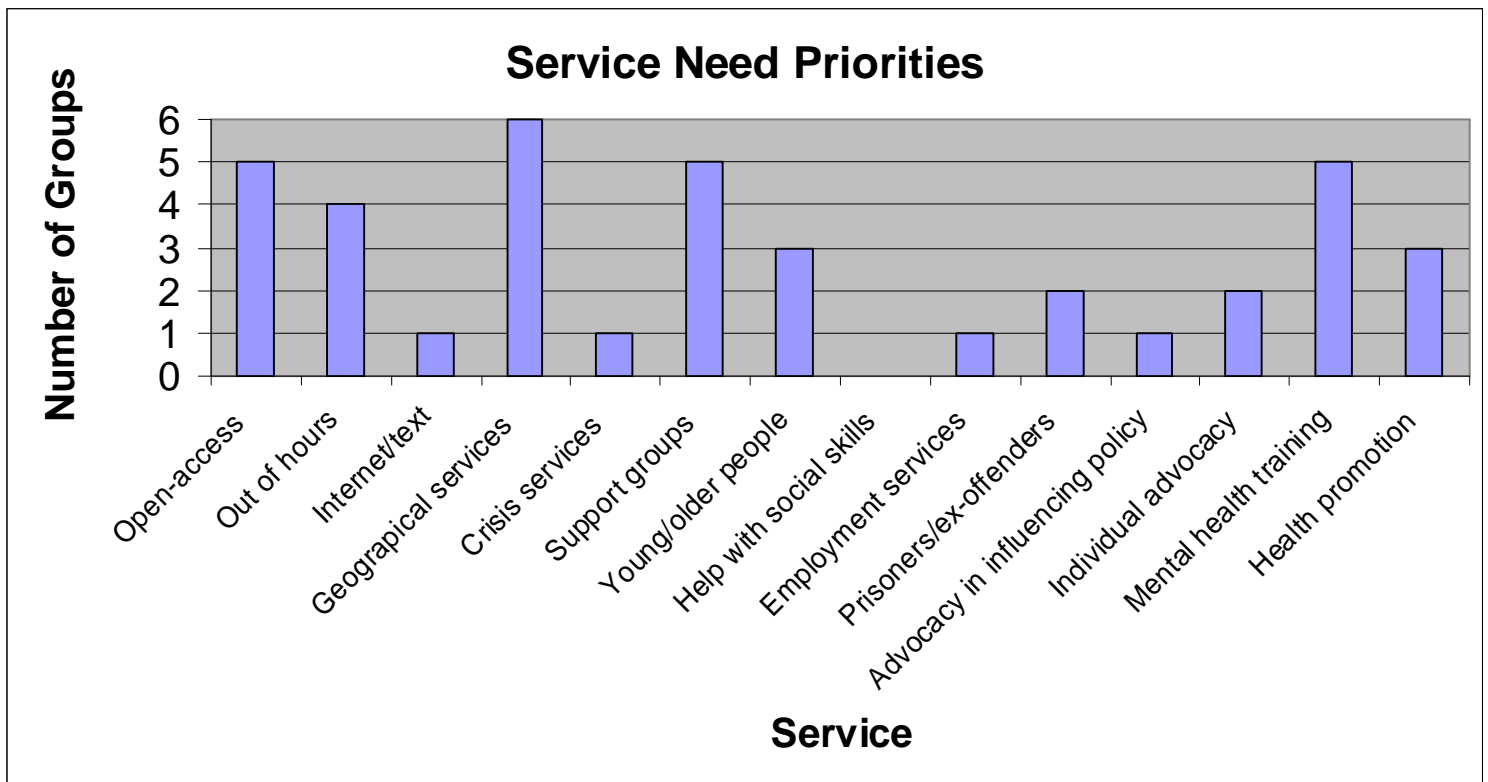


**'Mind in Stockton' Event
13th May 2008
Overall Feedback**

Q1. From our consultation activities we have identified the following potential needs.

What would be your top 5 priorities from this list?

Answer 1. The graph shows the number of groups who prioritised each service need. All 6 groups answered this question.



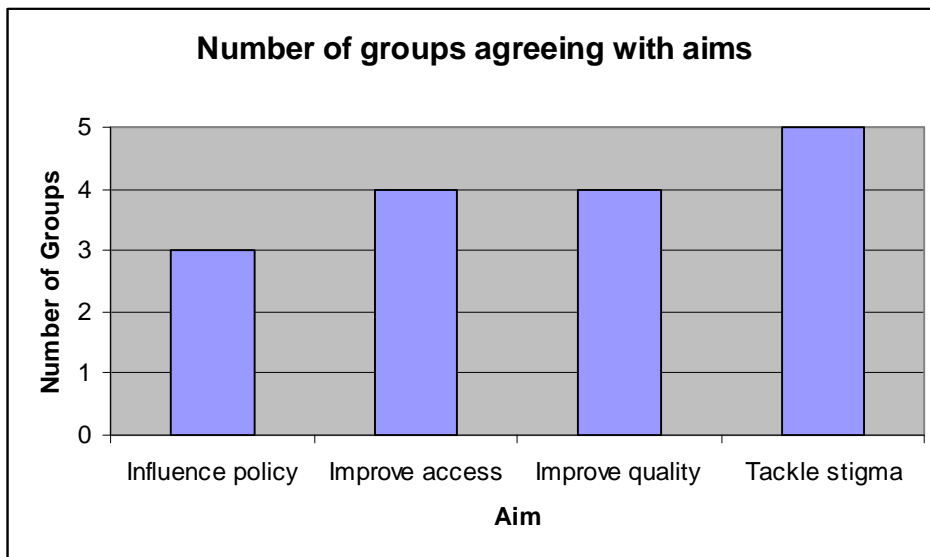
Additional Comments:

- The current crisis team is not very accessible
- Telephone services would be useful
- Mind should tap into the existing provision for services
- Volunteering
- Commissioning
- Effective communication between organisations
- Health promotion groups and courses are needed especially for children who are either carers or sufferers.

**Q2. Using the feedback we have received from organisations and community members, we have come up with the following overall aims for Mind's work in Stockton. Do you agree with these?
Is there anything we are not including that we should be?**

- Enable service users and carers to influence policy and decision making
- Improve access to mental health services
- Improve quality of mental health services
- Increase understanding of mental health and tackle stigma

A2. This graph shows the number of groups who agreed with each of our proposed aims. 5 groups answered this question.



Additional comments:

- Mind could lead the Voluntary Community Sector and build capacity to add value, integrate, and provide a focal point for multi-agency working and partnerships
- Mind should use consistent/measurable/quality statistics
- What is measurable about 'improve'?
- What is the baseline figure?

Q3. We know we can't do everything all at once! However, based on our consultation activities and Middlesbrough Mind's existing areas of expertise, we have come up with some specific objectives.

Do you think these objectives are appropriate?

- To develop advocacy – both individual or group
- To develop volunteering opportunities - to offer a range of services potentially including 1-to-1 listening and counselling, complementary therapies, information via web/text based service, bereavement support, and support for prisoners/ex-offenders
- To develop support groups for mental health issues e.g. anxiety, depression, self harm
- To develop mental health training
- To develop mental health promotion/personal development courses for wider community e.g. assertiveness, relaxation or anger management.

A3. 4 groups answered this question. Three groups mentioned that some of the objectives are already addressed by organisations such as the CAB, New Directions and the George Hardwick Foundation. It was added that mental health matters have a telephone helpline which is out of hours.

Additional objectives such as working with children who have parents with mental health needs and having a specialist skilled worker to help people with self harm were discussed.

Q4. We hope to work in partnership with other organisations as much as possible. Do our aims and objectives fit with your organisation's aims and objectives and what you're already providing doing in Stockton?

A4. 4 groups answered this question. 3 groups thought our aims and objectives did fit in with their organisations' and 1 organisation within a group did not as they felt Mind will overlap other services. It was added that there may be issues around confidentiality and information sharing between services.

Q5. Do you think it would be more beneficial for Mind to have a base in Stockton that people can come to or provide its services on an outreach basis?

A5. 4 groups answered this question. 1 group thought a base in Stockton would be best, 3 groups would like to see both a base and outreach and 1 group thought outreach was the better basis.

Q6. Do you think Mind will experience any particular difficulties or hurdles when setting up in Stockton?

A6. 4 groups answered this question. Please see the list below for their comments:

- Finding premises may be difficult
- Competition between organisations
- Mind should not exclude people experiencing dementia or partnership working
- Glad to see them
- Could be a threat to statutory services
- For GPs to differentiate who to refer when and where - can Mind do it more quickly and more efficiently?
- Roles and boundaries/ organisational cultures
- Commissioning.

Q7. Overall, do you still think there is a need for Mind in Stockton?

A7. 4 groups answered this question and all of these thought there was a need for Mind in Stockton with the following additional comments.

- Mind could be a focal point and offer leadership/partnership for other organisations
- Innovation and profile
- Proactive
- User led/Horizon scanning
- How long will it take to get Mind off the ground? (The answer to this question is that we currently are unsure until we have secured funding; but we aim to have a business plan put together by the end of June).

Q8. Any further comments or questions?

A8. Good consultative event.

If anyone has anything to add to this feedback please contact Caroline Ogden at:

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Thank you.